

Buxton Carnival 4 Race 2026

Race Information and Rules:

- Updates and information may be posted on our Facebook page **Buxton Carnival '4'**.
- Minimum age on race day is **16 years**. Parent/Guardian permission required for under-18s.
- Time limit: **1 hour**.
- Runners **must** fill in the Competitor Information on the back of their race number. This is for use in a medical emergency.
- Only some of the roads on the course will be closed to traffic. Keep left and use the pavement where possible.
- Runners will be asked to keep left and to obey marshal's instructions.
- Headphones **must not** be worn.
- Follow marshal's instructions.
- Please carry your own water.
- Ensure you are sufficiently hydrated before the race.
- Wear appropriate clothing for the weather on the day.
- Do not take part if you have been ill prior to race day.
- Race numbers must not be folded, cut, or mutilated.
- All information relating to Buxton Carnival 4-Mile road race will be published on Buxton AC's website and on the **Buxton Carnival '4'** Facebook page.
- If time allows, all advance changes/alterations to the course or the event will also be published on Buxton AC's website and/or on **Buxton Carnival '4'** Facebook page.
- It is the responsibility of all competitors to ensure they are aware of all information relating to the race.